



# MALCOLM SARGENT PRIMARY SCHOOL

Love To Learn

28 January 2019

Dear Parents/Guardians of KS2 children

## **STAMFORD AND DISTRICT PRIMARY SCHOOLS CROSS COUNTRY EVENT**

On Saturday 9 March, Malcolm Sargent Primary School is entering the annual Stamford Schools Cross Country competition at Stamford Welland Academy, commencing at 1000. This event is open to all children in KS2 and if you would like to enter please fill out the permission form below.

The running course will be on Stamford Welland Academy school field. Year 3/4 children will be running approximately 1200m (3/4 mile) and Y5/6 children will be running approximately 1600m (1 mile). Boys and girls will be split into different races.

Children who are taking part should meet Ms Williams and Miss Goodson at 0930, ready to run, in their school PE kit including trainers. Running shoes with spikes or football boots can also be worn as the race is held on the field. A warm up will be held in the sports hall at 0945 and we would encourage all participants to join in order to help them prepare for the event and reduce the risk of injury. Children will then be led outside for their races.

Please ensure runners have a drink and extra clothing for wet weather.

Any medication for your child should be taken to the event by you, and handed to Ms Williams or Miss Goodson, with full instructions. Please also mark the slip below appropriately with the medication details. We will not be bringing auto-adrenaline injectors or asthma inhalers from school.

The race format is as follows:

- 1000 - Year 3 and 4 girls
- 1015 - Year 3 and 4 boys
- 1030 - Year 5 and 6 girls
- 1045 - Year 5 and 6 boys

Please complete the reply slip below by Friday 22 February and if you have any questions please do not hesitate to contact me via the school office.

Yours sincerely

Ms Julie Williams  
Head of Phase Y5/6

**KS2 STAMFORD CROSS COUNTRY CHAMPIONSHIP– MS WILLIAMS**

Child: ..... Class: .....

Race entering (please delete as appropriate):

- Year 3/4 boys
- Year 3/4 girls
- Year 5/6 boys
- Year 5/6 girls

- I give my child permission to attend the above cross country competition.
- Medication: .....
- Collection arrangements: .....
- I give my child permission to have their photograph taken to be used on the school Facebook page

Signed: ..... (Parent/Guardian)

Contact No: .....