



Love To Learn, The Malcolm Sargent Way





<b>Week 1</b> <b>22.04.2019-</b> <b>26.04.2019</b>	<b>Main (M)</b>	<b>Vegetarian (V)</b>	<b>Jacket Potato (J)</b>	<b>Sandwich/Wrap (S)</b>	<b>Pasta (P)</b> 	<b>Dessert</b> (For information only)
<b>Monday</b>	<b>Bank Holiday</b>					
<b>Tuesday</b>	Bean & Vegetable Fajita with Wedges and Mixed Salad	Quorn Sausage Pattie Burger with Wedges and Mixed Salad	Beans Cheese	Egg Mayonnaise Baguette Mixed Salad	Chicken Italiano	
<b>Wednesday</b>	Roast Chicken Sage & Onion Stuffing Roast Potatoes Gravy Seasonal Vegetables	Roasted Quorn Fillet Sage & Onion Stuffing Roast Potatoes Gravy Seasonal Vegetables	Beans Cheese Ham	Ham Wrap Mixed Salad	Italian Meatballs	Dessert of the day or Fresh Fruit or Yogurt
<b>Thursday</b>	Jerk Chicken Fillet Boiled Rice Seasonal Vegetables	Mixed Beans and Rice Seasonal Vegetables	Beans Cheese Tuna	Tuna Sandwich Mixed Salads	Basilico	
<b>Friday</b> 	Oven Baked Fish Fingers Oven Chips Baked Beans or Peas	Cheese and Tomato Omelette Oven Chips Baked Beans or Peas	Beans Cheese	Ham Sandwich Mixed Salads	Bolognese	



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WEEK 2 29.04.2019- 03.05.2019	Main (M)	Vegetarian (V)	Jacket Potato (J)	Sandwich/Wrap (S)	Pasta (P) 	Dessert (For information only)
<b>Monday</b> <b>Children's Choice</b>	Oven Baked Sausage Mashed Potato Gravy Seasonal Vegetables	Quorn Sausage Mashed Potato Gravy Seasonal Vegetables	Beans Cheese Ham	Cheese Sandwich Mixed Salads	Pomodoro	Dessert of the day or Fresh Fruit or Yogurt
<b>Tuesday</b>	Chicken Fillet with BBQ Sauce Spicy Oven Wedges BBQ Baked Beans or Mixed Salad	Southern Baked Halloumi Burger, Bun & Salad with BBQ Sauce Spicy Oven Wedges BBQ Baked Beans or Mixed Salad	Beans Cheese	Egg Mayonnaise Baguette Mixed Salads	Italian Meatballs	
<b>Wednesday</b>	Cheesy Tomato Pasta Bake Seasonal Vegetables or Mixed Salad	Lentil Sausage Roll Sweet Potato Mash Seasonal Vegetables or Mixed Salad	Beans Cheese Ham	Ham Wrap Mixed Salads	Basilico	
<b>Thursday</b>	Local Elections Packed lunches comprising ham sandwich on white bread, biscuit, mixed apple & fruit bags, veg sticks and a small bottle of still water					
<b>Friday</b> 	Salmon Fish Fingers Oven Baked Chips Baked Beans or Peas	Cheese and Tomato Pizza Oven Baked Chips Baked Beans or Peas	Beans Cheese	Ham Sandwich Mixed Salads	Pomodoro	



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WEEK 3 06.05.2019- 10.05.2019	Main (M)	Vegetarian (V)	Jacket Potato (J)	Sandwich/Wrap (S)	Pasta (P) 	Dessert (For information only)
<b>Monday</b>	<b>Bank Holiday</b>					
<b>Tuesday</b>	Tortilla Baked Vegetable Lasagne Seasonal Vegetables or Mixed Salad	Halloumi and Vegetable Kebab Rice Seasonal Vegetables or Mixed Salad	Beans Cheese	Egg Mayonnaise Baguette Mixed Salads	Pomodoro	
<b>Wednesday</b>	Roast Chicken Sage & Onion Stuffing Roast Potatoes Gravy Seasonal Vegetables	Roast Quorn Fillet Sage & Onion Stuffing Roast Potatoes Gravy Seasonal Vegetables	Beans Cheese Ham	Ham Wrap Mixed Salads	Bolognese	Dessert of the day or Fresh Fruit or Yogurt
<b>Thursday</b>	Spaghetti Bolognese Mixed Salads	Honey Glazed Quorn Sausages New Potatoes Seasonal Vegetables	Beans Cheese Tuna	Tuna Sandwich Mixed Salads	Pomodoro	
<b>Friday</b>	Fish Fingers Oven Baked Chips Baked Beans Or Peas	Cheese and Tomato Flan Oven Chips Baked Beans Or Peas	Beans Cheese	Ham Sandwich Mixed Salads	Italian Meatballs	



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<b>WEEK 4</b> <b>13.05.2019-</b> <b>17.05.2019</b>	<b>Main (M)</b>	<b>Vegetarian (V)</b>	<b>Jacket Potato (J)</b>	<b>Sandwich/Wrap (S)</b>	<b>Pasta (P)</b> 	<b>Dessert</b> (For information only)
<b>Monday</b>	Cottage Pie With Ratatouille	Chickpea, Corn and Carrot Burger, Bun with New Potatoes and Ratatouille	Beans Cheese Ham	Cheese Sandwich	Basilico	Dessert of the day or Fresh Fruit or Yogurt
<b>Tuesday</b>	Freshly Made Beef Burger in a Bun Wedges BBQ Baked Beans Or Mixed Salad	Mac 'n' Cheese Mixed Salad	Beans Cheese	Egg Mayonnaise Baguette Mixed Salads	Bolognese	
<b>Wednesday</b>	Roast Gammon Roast Potatoes Gravy Seasonal Vegetables	Roast Quorn Fillet Roast Potatoes Gravy Seasonal Vegetables	Beans Cheese Ham	Ham Wrap Mixed Salads	Pomodoro	
<b>Thursday</b>	Piri Piri Chicken Fillet Braised Rice Mixed Salad	Beans On Toast	Beans Cheese Tuna	Tuna Sandwich	Italian Meatballs	
<b>Friday</b> 	Salmon Fish Fingers Oven Baked Chips Baked Beans or Peas	Cheese & Tomato Pizza Oven Baked Chips Baked Beans or Peas	Beans Cheese	Ham Sandwich Mixed Salads	Basilico	

WEEK 5 20.05.2019- 24.05.2019	Main (M)	Vegetarian (V)	Jacket Potato (J)	Sandwich/Wrap (S)	Pasta (P) 	Dessert (For information only)
<b>Monday</b>	Lasagne With Garlic Bread Seasonal Vegetables Or Mixed Salad	Cheese and Tomato Pizza New Potatoes Seasonal Vegetables Or Mixed Salad	Cheese Beans Ham	Cheese Sandwich Mixed Salad	Pomodoro	Dessert of the day or Fresh Fruit or Yogurt
<b>Tuesday</b>	Bean & Vegetable Fajita Wedges Mixed Salad	Quorn Sausage Pattie Burger, Bun Wedges Mixed Salad	Beans Cheese	Egg Mayonnaise Baguette Mixed Salads	Chicken Italiano	
<b>Wednesday</b>	Roast Chicken Sage & onion Stuffing Roast Potatoes Gravy Seasonal Vegetables	Quorn Fillet Sage & Onion Stuffing Roast Potatoes Gravy Seasonal Vegetables	Beans Cheese Ham	Ham Wrap Mixed Salads	Basilico	
<b>Thursday</b>	Proposed European Elections (Brexit-Dependent) Packed lunches comprising ham sandwich on white bread, biscuit, mixed apple & fruit bags, veg sticks and a small bottle of still water					
<b>Friday</b> 	Oven Baked Fish Fingers Tomato Sauce Oven Baked Chips Baked Beans or Peas	Cheese and Tomato Omelette Tomato Sauce Oven Baked Chips Baked Beans or Peas	Beans Cheese	Ham Sandwich Mixed Salads	Pomodoro	