



MALCOLM SARGENT PRIMARY SCHOOL

Love To Learn

4 June 2019

Dear Parents of Y5 Girls

CHANGING BODIES LESSON – YEAR 5 GIRLS ONLY – 18 JUNE 2019

As part of the school's curriculum, the girls in Year 5 are offered a talk/discussion about their changing bodies and sanitary care during puberty and why this happens. This is offered apart from the boys to avoid embarrassment and enable a more relaxed and open discussion between females only. Some of the girls attended a similar session in Year 4. This discussion will cover the same subject matter again.

The sessions, led by a Y5 teacher, will sensitively discuss hygiene, puberty and general adolescent health related to periods. In addition to the formal instruction, the children will be given an opportunity to ask questions, which will be answered in a way which is appropriate for children of their age.

Please talk to your child's class teacher if you have questions about the content of the sessions.

This talk is optional and we will assume all children will take part unless you inform your class teacher to the contrary by Friday 14 June 2019

Yours sincerely

Paula Stenson
Head of Year 5