



MALCOLM SARGENT PRIMARY SCHOOL

Love To Learn

04 June 2019

Dear Parents/Carers of Y4 Girls

CHANGING BODIES LESSON – YEAR 4 GIRLS OPTIONAL - FRIDAY 28 JUNE

As part of the school's curriculum, the girls in Years 4 are offered a talk/discussion about their changing bodies and sanitary care during puberty and why this happens. This is offered apart from the boys to avoid embarrassment and enable a more relaxed and open discussion between females only.

The sessions, led by a Y4 teacher will sensitively discuss hygiene, puberty and general adolescent health related to periods. In addition to the formal instruction, the children will be given an opportunity to ask questions, which will be answered in a way which is appropriate for children of this age.

Please talk to your child's class teacher if you have questions about the content of the sessions.

This talk is optional and we will assume all children will take part unless you inform your class teacher to the contrary by 27 June 2019.

Yours sincerely

Ms C Barton
Head of Year 4