



# inspire+ PRIMARY MEMBER

School name: Malcolm Sargent

<b>Key</b>	
Blue text = Young people	<i>Creating positive sporting experiences for all young people to encourage a lifetime of physical activity.</i>
Red text = Teaching staff	<i>All staff confident &amp; competent in delivering high quality PE &amp; School Sport.</i>
Green text = School	<i>Support schools in providing a diverse breadth of high quality PE, sport &amp; leadership opportunities.</i>
Purple text = Community	<i>Provide opportunities that engage the wider community in sport, physical activity &amp; volunteering.</i>
<b>FC (1)</b>	<i>Flexible core option, each school receives 7 credits. Additional credits purchased at £200 per unit.(1) indicates how many credits used per programme.</i>
<b>AO</b>	<i>Additional option, priced as shown.</i>

PE & Sport Premium Key Outcome Indicator 1		
<i>The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</i>		
<b>Initiative</b>	<b>Key</b>	<b>Programme detail</b>
<b>Updated</b> Young Ambassador Programme		Year 5/6 students to support the PE Lead with promoting healthy, happy, active opportunities in schools and run events/assemblies. This year inspire+ will have more contact sessions with your BYA’s throughout the year as well as coaches catching up with them in school.
<b>Updated</b> #HealthyHappyActive resource		A platform that provides whole school impact aligned to the Ofsted framework. A useful tool for intervention groups & 1-1 pupil support.

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#HHA log in details:		<p>Website: <a href="https://intervention.healthyhappyactive.co.uk">https://intervention.healthyhappyactive.co.uk</a></p> <p>Username: <a href="mailto:hha@inspireplus.org.uk">hha@inspireplus.org.uk</a></p> <p>Password: Inspire2023</p>
<b>NEW</b> Talented Athlete Programme Grant Scheme & PE clothing scheme		<p>Each school can apply for up to £250 to support pupils access sporting opportunities. This could be to one pupil or split across multiples.</p> <p>Each school can also apply for up to £100 to purchase PE and swim clothing to support families from deprived backgrounds access PE.</p>
Talented Athlete Programme KS1		<p>A 6-week session of community club ran at a central venue for your nominated pupils with a parent to attend.</p>
Talented Athlete Programme Year 3&4		<p>A blended weekly club across a term of virtual sessions followed by a day together for your nominated pupils and a parent to attend.</p>
Talented Athlete Programme Year 5, 6 & 7		<p>A blended weekly club across a term of virtual sessions followed by a day together for your nominated pupils and a parent to attend.</p>
Termly fitness videos to use in class		<p>A range of creative, fun &amp; engaging active videos to share with colleagues. Great for if a class needs 10 mins of activity, wake &amp; shake or for wet play use.</p>
Parent Volunteers		<p>We can provide training &amp; support for parents wishing to support running clubs in school/helping with teams. Active parent volunteers will be offered to work with our coaches in their schools to help build their knowledge and experience.</p>

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<p>Holiday Activities &amp; Food half-term clubs (HAF) / Move &amp; Food half-term clubs</p>		<p>Inspire+ are a registered provider of the LCC HAF programme which is applicable to families of free-school meals and schools can also nominate a further 10% of their students who they deem as vulnerable. If you would like to host a club at your site, please let us know.</p>
<p><b>Updated</b> Inspire+ Cadets 6-week block of sessions aimed at KS1 (6x1 hour)</p>	<p><b>FC (1)</b> <b>Also part of coaching offer</b></p>	<p>A KS1 programme using sport as the vehicle to support the development of other key life skills in young people using key values. Schools can choose the themes/topics to focused on.</p>
<p><b>Updated</b> FA Girls inspired SEND / Non-active focused club or intervention, 6-week block</p>	<p><b>FC (1)</b> <b>Also part of coaching offer</b></p>	<p>Utilising the FA Girls Disney Inspired resources to run a club with literacy links to groups of chosen children. A new addition for this year is a SEND specific 6 week programme to increase levels of activity.</p>
<p><b>Updated</b> Little Movers 6 week EYFS/KS1 coaching block. (6x1 hour)</p>	<p><b>FC (1)</b> <b>Also part of coaching offer</b></p>	<p>A EYFS/KS1 coaching scheme developing pupils FUNdamental sporting skills in a fun, energetic and engaging way with links to the EYFS framework.</p>
<p><b>NEW</b> Teach Active, maths &amp; literacy. 6 x 1 hour sessions for a club or intervention making maths or literacy active</p>	<p><b>FC (1)</b> <b>Also part of coaching offer</b></p>	<p>This takes your normal maths and literacy lessons and turns them into an active lesson where studies have shown to be a more effective way of learning and retaining knowledge.</p>
<p>Learning through OAA. PGL half day access (12 pupils &amp; staff)</p>	<p><b>FC (1)</b></p>	<p>A chance to take groups of 12 pupils to PGL for an afternoon or morning participating in a range of their activities. PGL can tailor activities to meet specific outcomes.</p>
<p><b>UPDATED OFFER</b> Playground Leadership Training</p>	<p><b>FC (2)</b></p>	<p>Helping to enhance playtimes to become more organised with structured, active play.</p>

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		<p>Support for lunchtime supervisors &amp; training young people to become playground leaders.</p> <p>This will be a split term delivery alongside some lunchtime team teaching sessions. The content of this programme has been updated and examples of templates will be provided for schools to use for structured play.</p>
<p><b>Roots to Food</b> £300 for a full day and after school session. inspire+ will contribute £100 of the £300 for schools who have never accessed Roots to Food in previous years</p>	<b>AO</b>	<p>Practical cookery experience which can also include parent workshops.</p>
<p><b>PE &amp; Sport Premium Key Outcome Indicator 2</b> The profile of PE and sport being raised across the school as a tool for whole school improvement</p>		
<p><b>NEW FOCUS</b> inspire+ Ambassador Paralympian Sam Ruddock</p>		<p>New whole school assembly with relevant themes and messages to all year groups. Ambassadors are also able to personalise assemblies to meet themes or focuses of the school.</p>
<p><b>NEW FOCUS</b> inspire+ Ambassador, Paralympian Jonathan Broom-Edwards whole school assembly</p>		<p>New whole school assembly with relevant themes and messages to all year groups. Ambassadors are also able to personalise assemblies to meet themes or focuses of the school.</p>
<p><b>NEW FOCUS</b> Inspire+ ambassador whole school assembly Joe Roebuck</p>		<p>New whole school assembly with relevant themes and messages to all year groups. Ambassadors are also able to personalise assemblies to meet themes or focuses of the school.</p>
<p><b>NEW FOCUS</b> Inspire+ ambassador whole school assembly Dai Greene</p>		<p>New whole school assembly with relevant themes and messages to all year groups.</p>

		Ambassadors are also able to personalise assemblies to meet themes or focuses of the school.
In school first aid training for children provided by LIVES.	<b>AO</b> Donation to LIVES from school	First aid trainers from LIVES will deliver a basic first aid course to pupils in year 5 & 6 over the course of a half-day visit. An additional parent first aid course can be added to bookings.
Access to the Well-School programme		What is a Well School? A Well School places just as much emphasis on wellbeing as it does on academic performance. It understands that children and young people are more effective learners when they are happy and well and that they must take care of their staff and their pupils wellbeing to create a culture that allows everyone to reach their potential. Inspire+ fully endorses the Well School Movement and encourages schools to join (please note that these are no charges) <a href="https://www.well-school.org/about">https://www.well-school.org/about</a>
Legacy Tour		An initiative led by your Bronze Young Ambassadors following training from Inspire+. We provide for them and support the delivery of a whole school assembly with a focus on upcoming the upcoming Olympics and Paralympics including a torch relay from school to school.
Inspire+ Health Check and Ofsted PE Deep Dive Support		<p>A PE health check is a chance for the school’s PE lead to audit their school’s PE provision with the support of our education team. This includes strategic &amp; development support, operational support, pedagogical &amp; subject knowledge support as well as a better understanding of local and national incentives for PE and school sport.</p> <p>We have experience of being involved in a number of Ofsted PE deep dive inspections. We are happy to accompany PE leads for the interview and meet prior to help the school’s PE provision be Ofsted ready.</p>

Wellbeing/Mindfulness		<p>Former Head Teacher Carol Hines will continue to support the charity to drive this very important agenda. The following will be offered:</p> <ul style="list-style-type: none"> <li>• Introduce and support embed 5 ways to wellbeing for schools not fully involved through SLT engagement and staff training</li> <li>• A range of courses such as ‘supporting your child mindfully through SATS’</li> <li>• Advice and guidance for all schools on how to create a mentally healthy school culture</li> </ul> <p>Free access to teacher mindfulness courses for staff that wish to access</p>
<b>NEW</b> Inspire+ mentoring programmes		<p>All schools can access 1 block of mentoring of their choice from the below options. Additional blocks can then be booked with credits.</p>
Aspire to Inspire mentoring programme	<b>FC (2)</b>	<p>Aimed to engage &amp; enthuse disengaged or struggling pupils. It has been designed to positively impact aspirations, confidence, self-esteem, and behaviour, through various tasks and challenges. Delivery will be six weekly contact sessions, over one term, for up to 12 pupils in KS2.</p>
Supporting targeted pupils, fitness mentoring programme	<b>FC (2)</b>	<p>A 45 minute session focused towards children who struggle with fundamental physical/sporting components, confidence in sports and inactive pupils. This will include 8 pupils ranging from across KS1 &amp; KS2</p>
Wake & Shake engagement mentoring	<b>FC (2)</b>	<p>A 30 minute physically active programme delivered once a week for the duration of 1 term. This programme is for a group of children (from any year groups/max 20 children) who will take part in a structured but high energy session to build on their FUNdamental skills but also give them a release of energy helping them to return to class more focused ready to</p>

		learn. Our mentor will then pop into the classes from the sessions to see how they are getting on with their work and offer a small amount of support to each child.
<b>NEW</b> Nutritional mentoring	<b>FC (2)</b>	A 45-minute session focused on healthy eating and the importance of having a balanced/healthy diet. This will be delivered in an insightful, fun and engaging way with the children setting their own targets and keeping food diaries.
Active Lincolnshire, wheelchair basketball programme	<b>AO</b>	Based on 1 days delivery and 6 weeks hire of a trailer & wheelchairs with lesson plans, £640 plus VAT Minimum indoor space required equivalent to one badminton court
Access to Inspire+ PE & School Sport Apprenticeship programmes.	<b>AO</b>	Our hugely successful PE, Sport and Wellbeing apprenticeship is having huge impact in schools across the East of England. The charity is offering a level 4 apprenticeship that can either be offered to existing PE apprentices or at existing TAs that support the delivery of PE and school sport. We are also offering the Active Wraparound Care apprenticeship that is aimed at existing members of staff who run wraparound care on school sites.
PE & Sport Premium Key Outcome Indicator 3 Increased confidence, knowledge and skills of all staff in teaching PE and sport		
PE, Sport & Wellbeing Leadership conference <i>Virtual or face to face</i>		Taking place at Belton Woods Hotel on Friday 22 <sup>nd</sup> September. School will receive their membership packs including dates for programmes, rotas and template letters. All programmes will be explained along with a number of bespoke workshops.
<b>NEW</b> PE Lead mentoring support	<b>FC (2)</b>	This is focused on members of staff that have just taken the responsibility of being a PE lead or to any PE leads that needs any additional support with their responsibilities and how best

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		to approach and juggle this role in addition to your normal role as a teacher.
<b>UPDATED OFFER</b> Continuous Professional Development Courses		<p>A wide range of CPD courses, all included in the membership, available to access by any school employees. The planner will be sent out in blocks throughout the year. Courses include sport specific and Key stage specific.</p> <p>To support schools accesses more courses, this year we will host 2 CPD days with a range of courses being delivered. Dates TBC.</p>
Staff inset training		Book one of our team to deliver a session to increase staff knowledge/confidence on delivering a specific sport.
FA Girls Football Partnership school initiative		CPD course and resources to increase staff confidence in deliver athletics with a focus towards sprots hall athletics.
<b>NEW</b> YST inclusion school		Courses and festival support to increase levels of SEND inclusion within PE.
inspire+ PE Forum's		Updates from inspire+ and sign posting schools to additional resources and opportunities. These forums also provide a chance to share good practice amongst schools.
School staff wellbeing webinar's		Inspirational webinar's will be hosted for all members of school staff to attend virtually throughout the year with a range of inspirational speakers drawing on supporting colleagues' mental wellbeing.
Forest School training on school site	<b>AO</b>	Great Wood Farm Forest School experts will support facilitation of staff training and CPD events either at their site or on your own school grounds.

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Termly impact reports & strategic meetings		Regular update meetings with the PE to ensure services are having the required impact and make changes if required. This includes reminders of up-coming dates and deadlines.
Leadership Briefings		Leadership briefings for Head Teachers on local and national updates from the charities CEO.
Sharing good practice		Sharing good practice to our schools from around the county and national to help increase the levels of physical activity in our schools.
<b>NEW</b> Structured playground games coaching	1xblock of 6 weeks included in membership.  Additional blocks can be accessed: FC (1) Or AO	Our coach will run an area of structured play during lunchtime for children to join in with.  This could also include an opportunity for CPD team teaching with TA's or midday supervisors.
<b>TeamTeach support</b> Scheme of work support. 1 credit = 6 hours of support. One block of 6 x 1 hours is included in your membership.	1xblock of 6 hours included within membership.  Additional blocks can be accessed: FC (1) Or AO	Our specialist coaches work alongside school staff to enhance their delivery and build their confidence in PE following the GetSet4PE scheme of work (or other schemes of work), lesson plans and assessment.

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GetSet4PE scheme or work/support	AO	As an inspire+ member school you can access a 40% on the scheme of work. <a href="https://www.getset4pe.co.uk/">https://www.getset4pe.co.uk/</a>
PE & Sport Premium Key Outcome Indicator 4 Broader experience of a range of sports and activities offered to all pupils		
Mini Olympics		End of year mass participation event for all our schools to come together. Aimed at pupils in year 3 and/or 4 plus the involvement of your Bronze Young Ambassadors. A non-competitive event of Olympic & Paralympic sports including their very own opening and closing ceremonies.
Mass participation attempts on school site		A whole school event to take part in a mass-participation challenge along with all other inspire+ schools, led by your Bronze Young Ambassadors.
TOP UP swimming support <i>Face to face</i>		Access funding towards an additional member of staff supporting your schools swimming lessons.
Club School links support		Access to local clubs for schools to broaden the range of sports delivered in their schools.
<b>NEW ACTIVITIES</b> Specialist sports coaching 1 credit equals 6 x 1 hour sessions  Full day £130 plus £20 for an OSHL club Half-day £75 Up to 2 hours £65  <i>Virtual or Face to face</i>	<b>FC (1) &amp; AO</b>	Available for team teaching & PPA cover if required. Before school, lunchtime clubs and after school clubs available along with the curriculum. (Please note PPA cover should not be funded by Sports Premium).
Balance Bikes 10 x bikes, 10 x helmets, Pack of delivery cards <i>Face to face</i>	<b>AO</b>	

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<p><b>PE &amp; Sport Premium Key Outcome Indicator 5</b>  <b>Increased participation in competitive sport</b></p>		
<p>Indicator 5 is met by the offer from your School Games Officer. Inspire+ supports the SGO team through the training of their Sports Leadership Academy students that support competitions and festivals.</p>		
<p><b><u>Additional Comments:</u></b></p> <ul style="list-style-type: none"> <li>• Included lunchtime support: 12:00-13:30, avoid Thursday's, T1 or T2 if possible please.</li> <li>• Included mentoring: Fitness mentoring as an after school</li> <li>• Included coaching block: Marc is coming back to us on that request after speaking to staff.</li> </ul>		
<p><b><u>Core membership: £8000</u></b></p> <p><b><u>Additional options</u></b>  <b>Flexible Core (FC):</b></p> <ul style="list-style-type: none"> <li>• FA Girls SEND (1) after school club 15:00-16:00</li> <li>• Teach active (1) after school club 15:00-16:00</li> <li>• JBE Full day workshop</li> <li>• Aspire to inspire mentoring (2) as an after school</li> <li>• Inspire+ cadets (1) T3 or T4, 10:00-11:00</li> <li>• <del>Nutritional mentoring (2) as an after school</del></li> </ul> <p><b><u>Additional options (AO):</u></b></p> <p><b><u>Total cost: £8000</u></b></p>		

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